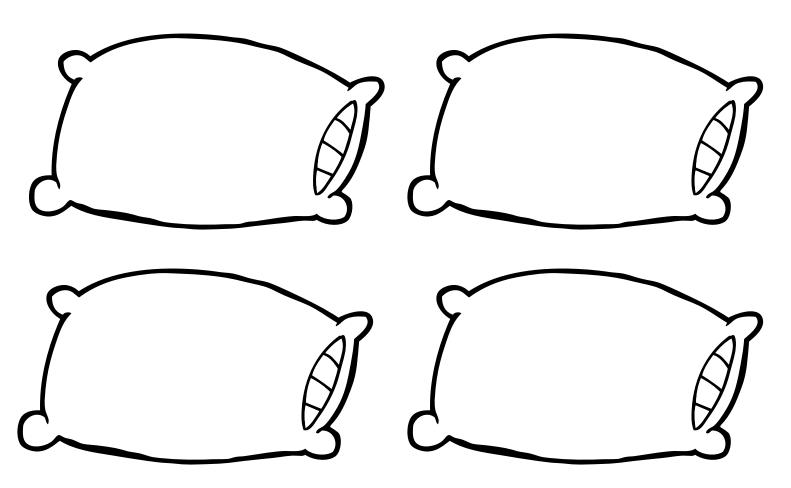


It is nice to know that God never sleeps. He is always watching and is always close by. Sometimes it is hard for us to fall asleep because we have things that we are worried about. On the pillows below, draw or write the things that make it hard for you to fall asleep. Tonight, before you go to sleep, show your list to God and ask Him to help and protect. He stays awake, so that you can sleep!



"Come to me when you have worries and I will give you rest." Matt. 11: 28